

CHAMELI DEVI GROUP OF INSTITUTIONS

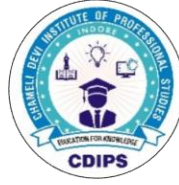
Women Development Centre

Introduction:

This is second year of the inception of WDC. The members are elated to be a part of a vibrant group that is committed towards the cause of women's empowerment. Women are the pillars of the society and there is no doubt that they play multiple roles with precision. This year the team focuses on making the girls and lady faculty members more internally strong and able to deal with all kinds of situations with ease.

The activities planned and executed in the year 2019 are as follows :

Sr.No	Event	Date	Participating Department	No. of Students Present
1	Workshop on "Emotional Intelligence"	30.01 2019	All girls of CS/IT/EC - I and II year	105
2	Meditation Session	08.11.2019	Lady teachers and non-teaching staff of all three colleges	32
3	Expert Lecture - Know Yourself	18.10.2019	All girls of CS/IT/EC - I and II year	84



Event Report

WORKSHOP-EMOTIONAL INTELLIGENCE



Introduction : 30th January 2019 Women Development Centre organized a seminar on the topic **“Emotional Intelligence”** for the girl’s student of CDGI , CDIPS and CDIP.

The objective behind the seminar was

- To recognize and consciously use emotions that shapes professional behavior and impact decision making of students.
- Integrate empathy, apply emotional insights to better manage themselves in the life.

The speaker of the session was **Madam Bonani Dhar,** Adviser FSDC. She took the introductory session followed by a four hour workshop by **Lt. Col.(Dr) Deogirikar.**

The workshop started with Introductory session of Madam Bonani Dhar. She began with real life examples, explained beautifully the importance of Emotional intelligence in the life of girls and discussed how they can achieve great heights in their career through learning to manage Emotional Intelligenece. **Respected Group Director Sir (CDGI)** also addressed students. After that Lt. Col.(Dr) Deogirikar started with his session. He shared alot of interesting movie clips to students to make them understand differen components of emotional intelligence.

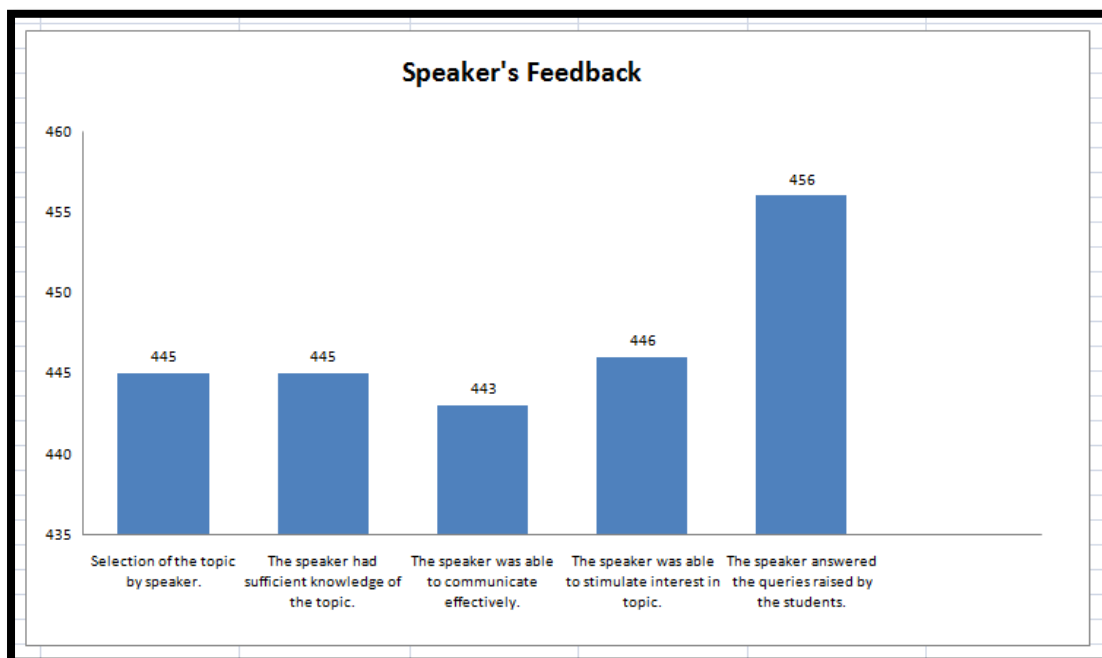
He also discussed responses of students which students filled in given questionnaire to analyse their level of emotional intelligence. Students also performed various activities like **'Chinese Bowl'** and **'Realeasing Balloon Air'** to discharge negativity from mind, body and soul. In between the session Madam Bonani Dhar discussed with students her insight on related topics and shared tips and tricks to avoid anger, sadness and fear.

All the girl students participated enthusiastically along with constructive spirit and came up with positive feedback. Next workshop will be planned for boy Students.



SAMPLE FEEDBACK FORM AND RESPONSE SHEET

Chameli Devi Group Of Institutions, Indore								
Women Development Centre								
Workshop on Emotional Intelligence								
Speaker's Feedback							Date: 30/01/2019	
sn o	Institute Name	Stream / Branch Name:	Year:	Selection of the topic by speaker.	The speaker had sufficient knowledge of the topic.	The speaker was able to communicate effectively.	The speaker was able to stimulate interest in topic.	The speaker answered the queries raised by the students.
1	CDGI	CS	II	5	3	4	4	3
2	CDIP	PHARMACY	I	3	4	4	2	3
3	CDGI	CS	II	4	5	5	3	3
4	CDGI	IT	II	5	5	4	4	5
5	CDGI	CS	I	5	4	3	4	2
6	CDIP	PHARMACY	II	4	4	4	3	3
7	CDGI	IT	I	5	4	5	4	4
8	CDGI	IT	II	3	5	4	5	5
9	CDGI	CS	I	5	5	4	4	4
10	CDGI	IT	II	2	4	4	4	4
11	CDGI	CS	II	2	5	5	4	4
12	CDIP	IT	I	3	3	5	5	5
13	CDGI	CS	I	4	3	4	5	5
14	CDGI	IT	II	5	5	4	4	5
15	CDGI	IT	II	5	4	3	4	2
16	CDIP	PHARMACY	I	4	4	4	3	3
17	CDGI	CS	II	5	4	5	4	4
18	CDIP	PHARMACY	I	3	5	4	5	5
19	CDGI	CS	II	5	5	4	4	4
20	CDGI	IT	II	2	4	4	4	4
21	CDIP	PHARMACY	I	2	5	5	4	4
22	CDGI	EC	II	3	3	5	5	5
23	CDGI	CS	II	4	3	4	5	5
24	CDGI	CS	I	5	5	5	4	4
25	CDGI	IT	II	4	4	3	5	5
26	CDGI	IT	II	4	3	3	3	3
27	CDIP	PHARMACY	I	4	5	5	3	3
28	CDGI	CS	II	5	5	4	5	5
29	CDIP	PHARMACY	I	5	2	5	5	4
30	CDIP	PHARMACY	I	4	3	3	4	5
31	CDGI	EC	II	5	4	5	4	3
32	CDGI	CS	II	5	5	5	4	5



Chameli Devi Group Of Institutions WOMEN DEVELOPMENT CENTRE Workshop : Emotional Intelligence Session Feedback Form

By: Lt. Col.(Dr.) Deogirikar

DATE: 30/01/2019

Please rate the speaker on the scale of 1 to 5 (5: Excellent, 1: Poor)

Description (optional)

Institute Name *

1. CDGI

2. CDIP

Stream / Branch Name:



Drop-down

1. CS

The session assisted you in better understanding of the topic. *

1 2 3 4 5
1 ○ ○ ○ ○ ○ 5

Content of the session provided learning beyond curriculum. *

1 2 3 4 5
1 ○ ○ ○ ○ ○ 5

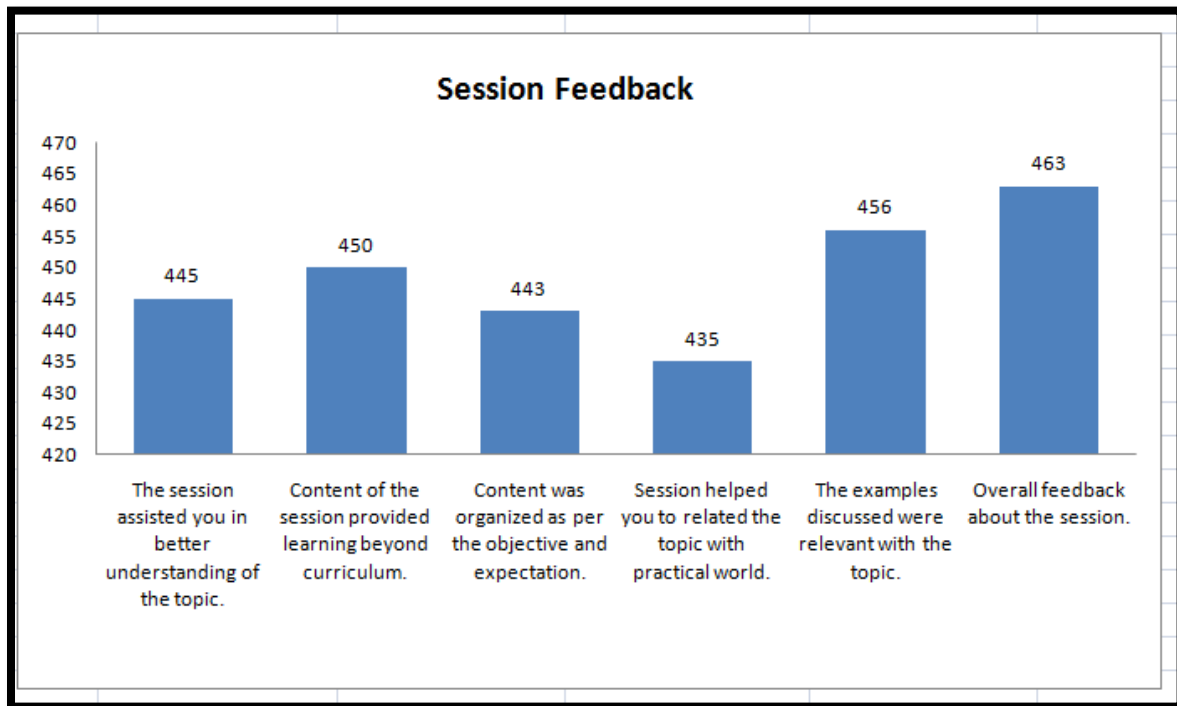
Content was organized as per the objective and expectation. *

1 2 3 4 5
1 ○ ○ ○ ○ ○ 5

Session helped you to related the topic with practical world. *

1 2 3 4 5

Chameli Devi Group Of Institutions, Indore Women Development Centre Workshop on Emotional Intelligence Session Feedback									
									Date: 30/01/2019
sno	Institute Name	Stream / Branch Name:	Year:	The session assisted you in better understanding of the topic.	Content of the session provided learning beyond curriculum.	Content was organized as per the objective and expectation.	Session helped you to related the topic with practical world.	The examples discussed were relevant with the topic.	Overall feedback about the session.
1	CDGI	CS	II	4	3	3	4	5	3
2	CDIP	PHARMACY	I	5	5	4	4	4	5
3	CDGI	CS	II	2	4	4	4	4	4
4	CDGI	IT	II	2	5	5	4	4	5
5	CDIP	PHARMACY	I	3	3	5	5	5	3
6	CDGI	EC	II	4	3	4	5	5	3
7	CDGI	CS	II	5	5	5	4	4	5
8	CDGI	CS	I	5	5	4	4	5	5
9	CDGI	IT	II	5	4	3	4	2	4
10	CDGI	IT	II	4	4	4	3	3	4
11	CDIP	PHARMACY	I	5	4	5	4	4	4
12	CDIP	PHARMACY	I	5	4	5	4	3	4
13	CDGI	CS	II	5	5	5	4	5	5
14	CDGI	IT	II	4	4	2	5	5	4
15	CDGI	CS	I	5	4	3	2	2	4
16	CDIP	PHARMACY	II	3	4	4	3	3	4
17	CDGI	IT	I	3	5	5	4	4	5
18	CDGI	IT	II	4	5	4	5	5	5
19	CDGI	CS	I	5	4	4	4	4	4
20	CDGI	IT	II	4	5	4	4	4	5
21	CDGI	CS	II	5	3	5	4	4	3
22	CDIP	IT	I	3	3	5	5	5	3
23	CDGI	CS	I	3	5	4	5	5	5
24	CDGI	IT	II	5	4	3	4	2	4
25	CDGI	IT	II	4	4	4	3	3	5
26	CDIP	PHARMACY	I	5	4	5	4	4	5
27	CDGI	CS	II	3	5	4	5	5	2
28	CDGI	CS	II	3	5	4	5	5	3
29	CDIP	PHARMACY	I	5	5	4	4	4	4
30	CDIP	PHARMACY	I	4	4	4	5	5	5
31	CDGI	EC	II	5	4	2	4	4	5



Analysis of the feedback and action plan

- **The students appreciated the workshop.**
- **The time was found to be less.**
- **The students suggested longer duration of the workshops in future**
- **The WDC plans to incorporate all of the above in future.**



CHAMELI DEVI GROUP OF INSTITUTIONS

Women Development Centre

Event Report



"Yoga teaches us to cure what need not be endured and endure what cannot be cured."

Introduction : On 8.11.2019, Women Development Centre organized a yoga and meditation session for the lady staff members of CDGI, CDIPS and CDIP.

Objectives of the workshop

- As a feedback of the stress management workshop this meditation session was organized initially for the staff members.
- The aim of this workshop was to make the participants aware of the techniques of meditations and yoga to a happy life style and stress free life.

YOGA AND MEDITATION SESSION

A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily-in both the body and mind. Yoga postures, Pranayama and meditation are effective techniques to release stress. Meditation is Relaxation which gives calmness of the mind, good concentration and Rejuvenation of the body and mind etc.

Particularly for a working woman, Yoga is a great remedy to remove her tensions which definitely affects her health because she has to lookafter the home, fulfill a demanding career, take care of the family, handle household work; she has to play multiple roles with her skills. Yoga helps working woman by giving her emotional strength so that she can easily manage all pressures and can give her best intellectual abilities to creative field.

In view of this, WDC has conducted a workshop on Yoga and Meditation for women faculty. The Trainer took taken classes with high level of dedication. They have also explained remedies for personal health problems to the participants with lot of patience.



SAMPLE FEEDBACK FORM AND RESPONSE SHEET

Chameli Devi Group Of Institutions
WOMEN DEVELOPMENT CENTRE
Meditation Session
Speaker's Feedback Form

By: Mrs. Aasha Vasuniya DATE: 08/11/2019

Please rate the speaker on the scale of 1 to 5 (5: Excellent, 1: Poor)
Description (optional)

Institute Name *

1. CDGI
2. CDIPS
3. CDIP

Staff

Selection of the topic by speaker. *

	1	2	3	4	5	
1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	5

The speaker had sufficient knowledge of the topic. *

	1	2	3	4	5	
1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	5

The speaker was able to communicate effectively. *

	1	2	3	4	5	
1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	5

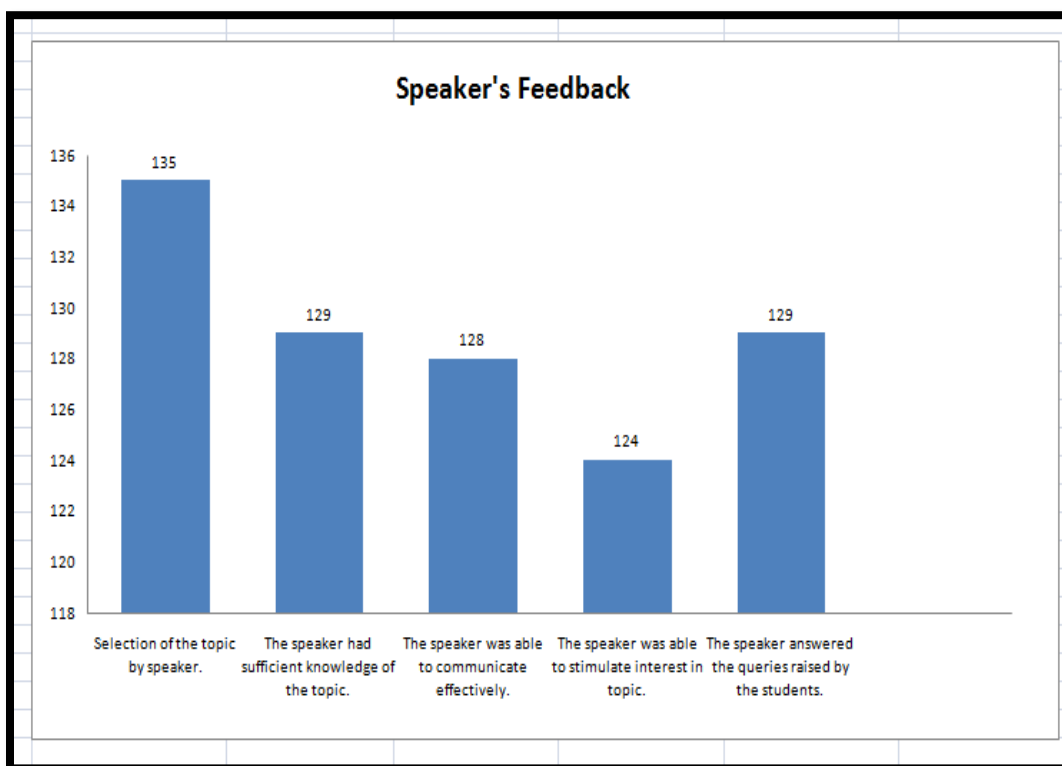
The speaker was able to stimulate interest in topic. *

	1	2	3	4	5	
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Chameli Devi Group Of Institutions, Indore
Women Development Centre
Meditation Session
Speaker's Feedback

Date: 08/11/2019

sn o	Institute Name	Staff	Selection of the topic by speaker.	The speaker had sufficient knowledge of the topic.	The speaker was able to communicate effectively.	The speaker was able to stimulate interest in topic.	The speaker answered the queries raised by the students.
1	CDGI	TEACHING	5	5	5	4	5
2	CDIP	NON TEACHING	4	4	2	5	5
3	CDIPS	TEACHING	5	4	3	2	2
4	CDGI	TEACHING	3	4	4	3	3
5	CDIP	TEACHING	3	5	5	4	4
6	CDIPS	NON TEACHING	4	5	4	5	5
7	CDGI	TEACHING	5	4	4	4	4
8	CDIP	TEACHING	4	5	4	4	4
9	CDIP	TEACHING	5	3	5	4	4
10	CDGI	TEACHING	3	3	5	5	5
11	CDIPS	TEACHING	5	3	4	4	3
12	CDIP	TEACHING	3	4	4	2	3
13	CDIPS	TEACHING	3	5	4	5	5
14	CDGI	TEACHING	5	5	5	4	5
15	CDIP	TEACHING	4	4	2	5	5
16	CDGI	TEACHING	5	4	3	2	2
17	CDIP	TEACHING	3	4	4	3	3
18	CDGI	TEACHING	3	5	5	4	4
19	CDGI	NON TEACHING	4	5	4	5	5
20	CDGI	NON TEACHING	5	4	4	4	4
21	CDIP	TEACHING	4	5	4	4	4
22	CDGI	TEACHING	5	3	5	4	4
23	CDGI	TEACHING	3	3	5	5	5
24	CDGI	TEACHING	5	3	4	4	3
25	CDGI	TEACHING	3	4	4	2	3
26	CDGI	TEACHING	4	5	5	3	3
27	CDIP	TEACHING	5	5	4	4	5
28	CDGI	TEACHING	5	4	3	4	2
29	CDGI	TEACHING	4	4	4	3	3
30	CDIPS	NON TEACHING	5	4	5	4	4
31	CDIP	TEACHING	3	5	4	5	5
32	CDIPS	TEACHING	5	5	5	4	5



Chameli Devi Group Of Institutions
 WOMEN DEVELOPMENT CENTRE
 Meditation Session
 Session Feedback Form

By: Mrs. Aasha Vasuniya

DATE: 08/11/2019

Please rate the speaker on the scale of 1 to 5 (5: Excellent, 1: Poor)

Description (optional)

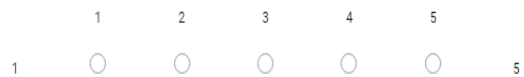
Institute Name *

1. CDGI
2. CDIPS
3. CDIP

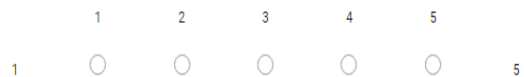
Staff

Drop-down

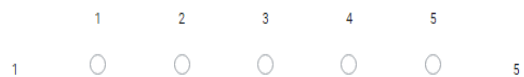
The session assisted you in better understanding of the topic. *



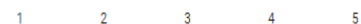
Content of the session provided learning beyond curriculum. *



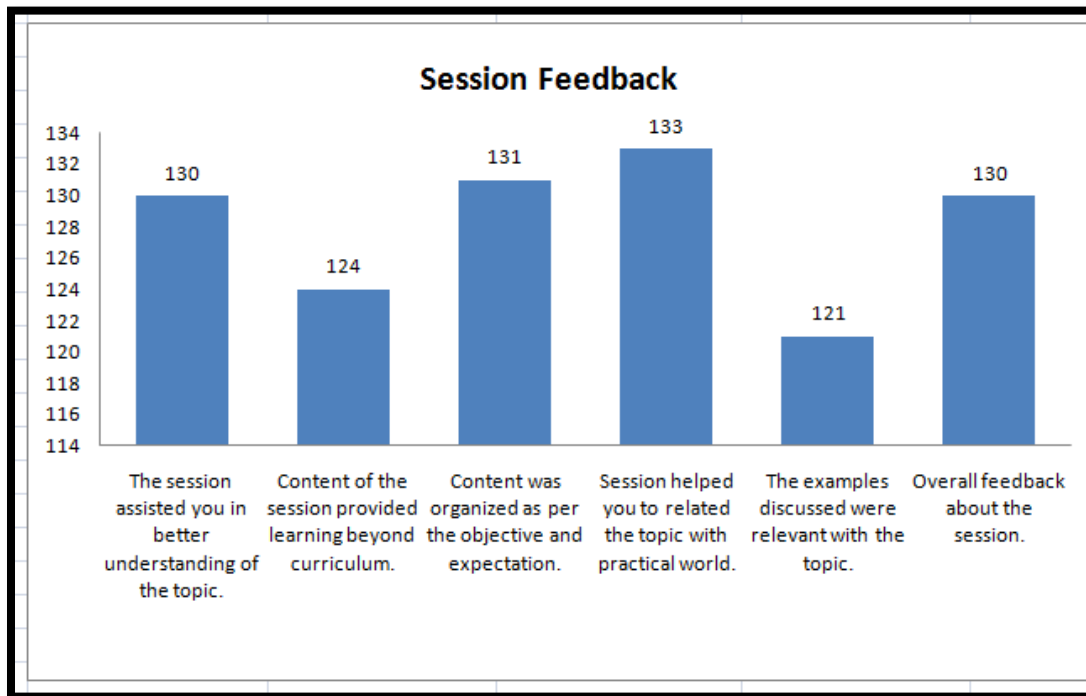
Content was organized as per the objective and expectation. *



Session helped you to related the topic with practical world. *

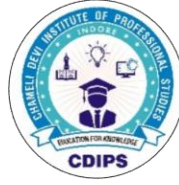


Chameli Devi Group Of Institutions, Indore Women Development Centre Meditation Session Session Feedback								Date: 08/11/2019
sno	Institute Name	Staff	The session assisted you in better understanding of the topic.	Content of the session provided learning beyond curriculum.	Content was organized as per the objective and expectation.	Session helped you to related the topic with practical world.	The examples discussed were relevant with the topic.	Overall feedback about the session.
1	CDGI	TEACHING	5	5	4	5	5	5
2	CDIPS	TEACHING	5	3	4	5	4	4
3	CDGI	TEACHING	3	3	4	4	3	3
4	CDIP	TEACHING	5	5	5	5	5	5
5	CDIPS	TEACHING	5	4	2	3	5	5
6	CDGI	TEACHING	4	5	3	3	4	4
7	CDGI	TEACHING	5	3	4	5	5	5
8	CDIP	TEACHING	3	5	5	4	3	3
9	CDIPS	TEACHING	4	4	4	5	4	4
10	CDGI	TEACHING	5	5	5	3	5	5
11	CDGI	TEACHING	4	5	4	3	4	4
12	CDIPS	TEACHING	4	4	4	5	4	5
13	CDGI	NON TEACHING	4	5	4	4	4	3
14	CDIP	NON TEACHING	5	3	5	5	5	5
15	CDGI	TEACHING	5	3	5	3	2	5
16	CDGI	TEACHING	3	3	4	4	3	3
17	CDIPS	TEACHING	5	5	5	5	5	5
18	CDIP	TEACHING	5	4	2	3	5	5
19	CDGI	TEACHING	4	5	3	3	4	4
20	CDIPS	TEACHING	5	3	4	5	5	5
21	CDIPS	TEACHING	3	5	5	4	3	3
22	CDGI	TEACHING	4	4	4	5	4	4
23	CDIP	NON TEACHING	5	5	5	3	5	5
24	CDIPS	TEACHING	4	5	4	3	4	4
25	CDGI	TEACHING	4	4	4	5	4	5
26	CDIPS	TEACHING	4	5	3	5	5	5
27	CDIPS	NON TEACHING	4	5	4	3	3	3
28	CDIPS	NON TEACHING	4	2	4	5	3	3
29	CDGI	TEACHING	2	5	5	4	4	4
30	CDIP	TEACHING	4	4	5	3	4	4
31	CDGI	TEACHING	5	5	4	5	5	5



Analysis of the feedback and action taken

- The workshop was appreciated by the faculty members.
- It was a refreshing break for them.
- They demanded more such activities in future also.
- WDC plans to do more such events in times to come.



CHAMELI DEVI GROUP OF INSTITUTIONS
Women Development
Centre

Report

Expert Lecture on Know Your Self



Date: 18-10-2019

“The more you know yourself, the more patience you have for what you see in others.” For this concept WDC organized “Expert lecture on know yourself “.The Event was held under the Women Development Centre on 18th Oct 2019, Friday between 10:00 AM-1:45 PM. Speaker Ms Neha Fatehchandani is a national facilitator, who has guided about corporate experience , training on business etiquette, grooming, personality enhancement, customer service, being effective, sales, and communication skills In this lecture she created a learning environment that has helped learners learn efficiently in a diverse, unconventional and skilful ways. Her programs are

noted for being full of life, enjoyable, interactive, energizing, and experiential. The students have participated with a lot of zeal and enthusiasm and showed their feelings, concern and the importance of their ourself in their Life.



Chameli Devi Group Of Institutions
WOMEN DEVELOPMENT CENTRE
Expert Lecture: Know Yourself
Speaker's Feedback Form

By: Ms. Neha Fatehchandani

DATE: 18/10/2019

Please rate the speaker on the scale of 1 to 5 (5: Excellent, 1: Poor)

Description (optional)

Institute Name *

1. CDGI
2. CDIP

Stream / Branch Name: *

1. CS

Selection of the topic by speaker. *

	1	2	3	4	5	
1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	5

The speaker had sufficient knowledge of the topic. *

	1	2	3	4	5	
1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	5

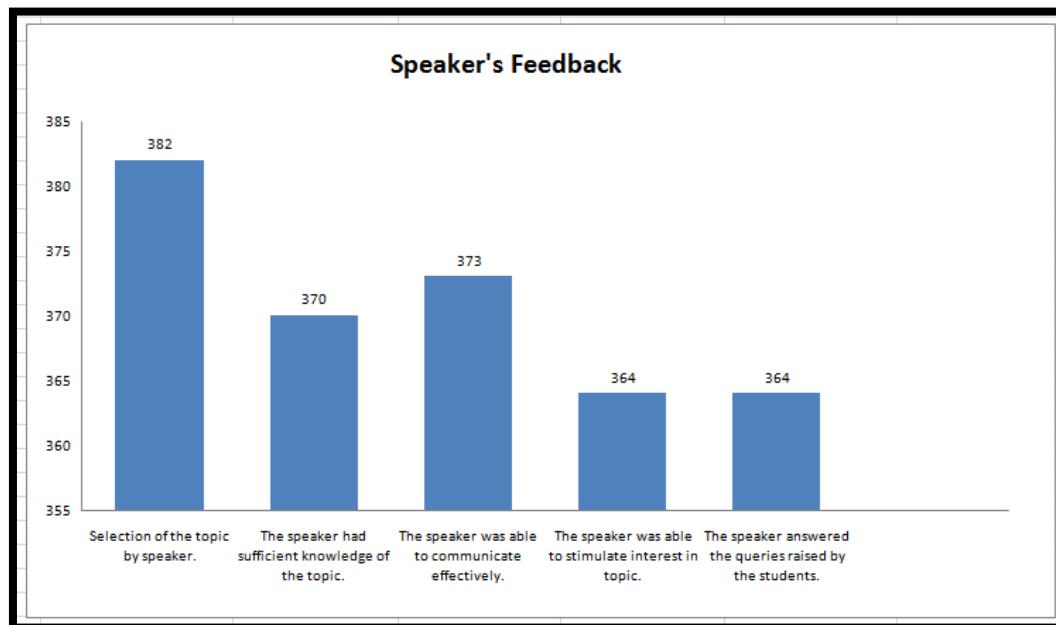
The speaker was able to communicate effectively. *

	1	2	3	4	5	
1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	5

The speaker was able to stimulate interest in topic. *

	1	2	3	4	5	
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Chameli Devi Group Of Institutions, Indore								
Women Development Centre								
Expert Lecture - Know Yourself								
Speaker's Feedback							Date: 18/10/2019	
sn o	Institute Name	Stream / Branch Name:	Year:	Selection of the topic by speaker.	The speaker had sufficient knowledge of the topic.	The speaker was able to communicate effectively.	The speaker was able to stimulate interest in topic.	The speaker answered the queries raised by the students.
1	CDGI	CS	I	5	5	4	5	5
2	CDIP	PHARMACY	II	5	5	5	3	5
3	CDGI	CS	II	4	4	3	3	4
4	CDGI	IT	II	5	5	3	5	5
5	CDIP	PHARMACY	II	3	3	5	4	3
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7	CDGI	CS	II	3	4	4	2	3
8	CDIP	PHARMACY	II	4	5	5	3	3
9	CDIP	IT	I	5	5	4	4	5
10	CDGI	EC	II	5	4	3	4	2
11	CDIPS	CS	I	4	4	4	3	3
12	CDIP	PHARMACY	II	5	4	5	4	4
13	CDIPS	CS	I	3	5	4	5	5
14	CDGI	EC	II	5	5	5	4	5
15	CDIP	PHARMACY	I	4	4	2	5	5
16	CDGI	CS	II	5	4	3	2	2
17	CDIP	PHARMACY	II	3	4	4	3	3
18	CDGI	CS	II	3	5	5	4	4
19	CDGI	IT	II	4	5	4	5	5
20	CDGI	CS	II	5	4	4	4	4
21	CDIP	PHARMACY	II	4	5	4	4	4
22	CDGI	IT	I	5	3	5	4	4
23	CDGI	IT	II	3	3	5	5	5
24	CDGI	CS	I	5	3	4	4	3
25	CDGI	IT	II	3	4	4	2	3
26	CDGI	CS	II	4	5	5	3	3
27	CDIP	IT	I	5	5	4	4	5
28	CDGI	CS	II	5	4	3	4	2
29	CDGI	IT	II	4	4	4	3	3
30	CDIPS	IT	II	5	4	5	4	4
31	CDIP	PHARMACY	I	3	5	4	5	5
32	CDIPS	CS	II	5	5	5	4	5



Chameli Devi Group Of Institutions
WOMEN DEVELOPMENT CENTRE
Expert Lecture: Know Yourself
Session Feedback Form

By: Ms. Neha Fatehchandani

DATE: 18/10/2019

Please rate the speaker on the scale of 1 to 5 (5: Excellent, 1: Poor)

Description (optional)

Institute Name *

1. CDGI
2. CDIP

Stream / Branch Name: *

1. CS

The session assisted you in better understanding of the topic. *

	1	2	3	4	5	
1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	5

Content of the session provided learning beyond curriculum. *

	1	2	3	4	5	
1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	5

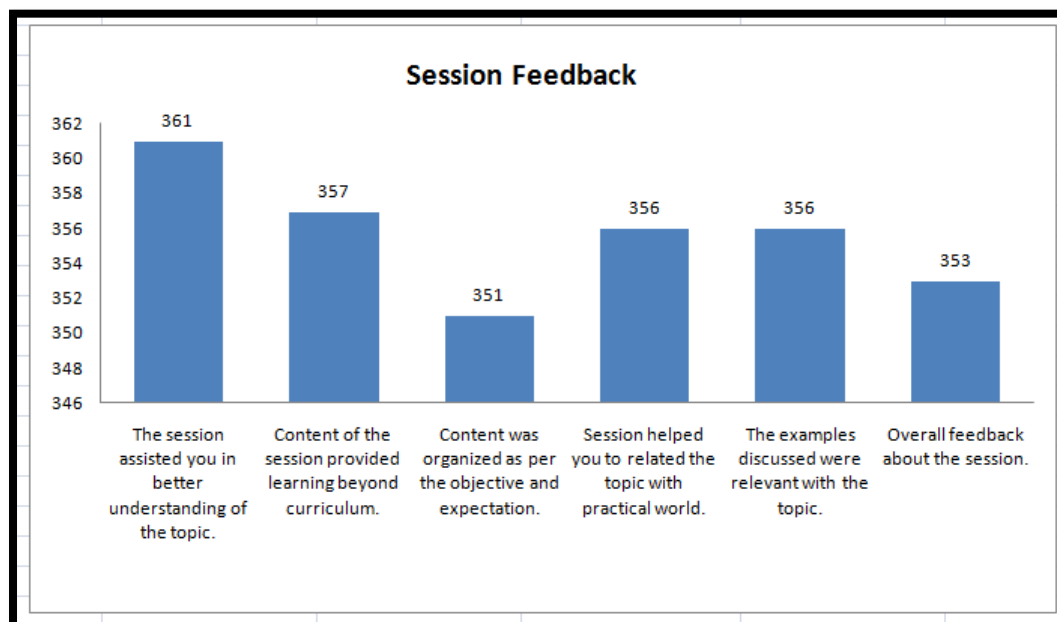
Content was organized as per the objective and expectation. *

	1	2	3	4	5	
1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	5

Session helped you to related the topic with practical world. *

	1	2	3	4	5	
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Chameli Devi Group Of Institutions, Indore									
Women Development Centre									
Expert Lecture - Know Yourself									
Session Feedback								Date: 18/10/2019	
sno	Institute Name	Stream / Branch Name:	Year:	The session assisted you in better understanding of the topic.	Content of the session provided learning beyond curriculum.	Content was organized as per the objective and expectation.	Session helped you to related the topic with practical world.	The examples discussed were relevant with the topic.	Overall feedback about the session.
1	CDGI	CS	I	4	5	4	3	4	4
2	CDIP	PHARMACY	II	4	4	4	5	4	5
3	CDGI	CS	II	4	5	3	5	5	5
4	CDIP	PHARMACY	II	4	5	4	3	3	3
5	CDGI	CS	II	4	2	4	5	3	3
6	CDGI	IT	II	2	5	5	4	4	4
7	CDGI	CS	II	4	4	5	3	4	4
8	CDIP	PHARMACY	II	5	5	4	5	5	5
9	CDGI	IT	I	5	3	4	5	4	4
10	CDGI	IT	II	3	3	4	4	3	3
11	CDGI	CS	I	5	5	5	5	5	5
12	CDGI	IT	II	5	4	2	3	5	5
13	CDGI	CS	II	4	5	3	3	4	4
14	CDIP	IT	I	5	3	4	5	5	5
15	CDGI	CS	II	3	5	5	4	3	3
16	CDGI	IT	II	3	3	4	4	3	3
17	CDIPS	IT	II	5	5	5	5	5	5
18	CDIP	PHARMACY	I	5	4	2	3	5	5
19	CDGI	IT	II	4	5	3	3	4	4
20	CDIP	PHARMACY	II	5	3	4	5	5	5
21	CDIPS	IT	II	3	5	5	4	3	3
22	CDGI	CS	II	4	4	4	5	4	4
23	CDIP	PHARMACY	II	5	5	5	3	5	5
24	CDIP	IT	I	4	5	4	3	4	4
25	CDGI	EC	II	4	4	4	5	4	5
26	CDIPS	CS	I	4	5	3	5	5	5
27	CDIP	PHARMACY	II	4	5	4	3	3	3
28	CDIPS	CS	I	4	2	4	5	3	3
29	CDGI	EC	II	2	5	5	4	4	4
30	CDIP	PHARMACY	I	4	4	5	3	4	4
31	CDGI	CS	II	5	5	4	5	5	5



Analysis of the feedback and action plan

- The students appreciated the workshop.
- The students suggested longer duration of the workshops in future
- The WDC plans to incorporate all of the above in future.