Effective Presentation Skills

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By the end of this presentation you will be able to:

- List the questions you must answer in order to prepare your best presentation.
- Describe why they're important.
- Explain how to choose a style and structure that works for you and your audience.
- Prepare, practice and rehearse your presentations effectively.

I have seen a lot of presentations...

Most people:

- Begin well.
- Organise and present their main content acceptably.
- Don't look anywhere near as nervous as they feel.

I have seen a lot of presentations...

Most people:

- Fail to tell their audience why they should listen.
- Use too few slides.
- Go over time.
- Fail to give a summary, conclusion or recommendations.

'Preparation is the enemy of fear.'

British Army

Preparation: six questions

- Why?
- Who?
- Where?

- When?
- What?
- How?

Why?

- Your audience's objective or reason for listening.
- Fights 'So what?'
- Helps them make decisions or take actions.

Who?

- Status: seniority, knowledge and experience, background, age, gender, culture, needs...
- Receptivity: how much are they going to accept what you say? (Less receptive equals more preparation.)
- (Number: how many of them are there?)

Where?

- Location and venue.
- Layout: cinema style, board room, U-shape, café style. They all work but it's nice to be forewarned.
- Amenities: air, heat, light, comfort, refreshments.
- Facilities and equipment: test it out and make sure you know how it works.

When?

- How long to present? Always plan to under run.
- How long to prepare? Spend at least 10 minutes preparing (including rehearsal) for every minute of the presentation.
- Time of day. Beware the graveyard slot: people need to sleep or do something active after they're eaten.

What?

- Main content: the middle.
- This is the bit you know.
- You'll probably do it right.
- Let the material structure itself: chronology, normal practice, cream at the top, keep it short and simple.
- Try brainstorming and mind maps to find fresh ways into stale or complex material.

How?

- Nerves
- Style
- Structure
- Prompts
- Visual Aids

- Voice
- Appearance
- Questions
- Rehearsal

Nerves

- Everybody good gets nervous.
- Trust your nerves: they are telling you the presentation is important.
- Reframe them as excitement or as a will to succeed.
- Prepare and rehearse.
- Breathe.

Style

- You already have a style: use it.
- Words and sentences like you use every day.
- Don't try to be funny. Try to be yourself.

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Structure

Write your presentation in this order

- 1. Objective.
- Middle or main content.
- 3. End or summary, conclusions and recommendations.
- 4. Beginning or introduction.
- 5. Questions.

Be prepared to re-write it!

Prompts

- Short bullet points. Key words. No complete sentences.
- Put all your prompts onto your PowerPoint slides.
- If you have to hold something, put prompts onto numbered index cards on treasury tags.
- *They're for you*. Your audience will understand them when you explain them.

Visual aids

- Simple fonts, illustrations, graphs, colours.
- Use fancy stuff, like clip art or animations, very sparingly and for emphasis.
- 3 to 7 bullet points per slide.
- 3 to 7 words per line.
- New or different VAs wake people up.



Voice

- Louder and slower than your normal rate.
- Vary pitch, pace and volume.
- Over emphasise.

Stance and gesture

- Minimise fiddling: give yourself nothing to fiddle with.
- But... allow yourself to move a bit.
- Wear comfy shoes and try to weight your feet evenly.
- Big, intended slow movements look confident.

Eye contact

- Look at the foreheads of all your audience members.
- Don't stare. Don't flit.
- Break eye contact to look at the big screen: they'll follow you.

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Appearance

- Be comfortable.
- Less (skin) is more (professional).
- Dark colours are read as businesslike.
- 'Dress like your audience but wear better labels'.

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Questions

- Thank or acknowledge each questioner.
- Repeat or paraphrase their question.
- Answer, defer or refer each question.
- Check the questioner's satisfaction with your answer.
- Thank them again.

Rehearsal

- Speak out loud with all visual aids and handouts.
- In front of a clock.
- In front of a mirror.
- In front of a friend.
- In front of a video camera. And watch the video!

Summary, conclusions and recommendations

- There are six questions.
- Answer them all. Not just *What?*
- Try to hold off on the final content, style, structure, prompts and visual aids until you know the audience and their objectives.
- Make sure your presentation has an end: that people leave knowing what to do.
- Prepare and rehearse as much as you can.

Final thoughts

- Your audience wants you to succeed.
- You don't have to be a great presenter to give a great presentation.
- You look much more confident than you feel.
- Find friends to practise on.

Questions?